# **HOTLINES**

Mobile Response

Mobile Response and Stabilization Services are available 24/7. They help youth who are experiencing emotional or behavioral crises. They can defuse an immediate crisis which is commonly associated with substance abuse.

Phone: (877) 652-7624

**Parents Toll-Free Helpline** 

Speak to a Parent Specialist Monday to Friday, 10:00 am – 6:00 pm ET 1-855-DRUGFREE (1-855-378-4373)

**Ocean County Crisis** 

24 hour Crisis Intervention/Listening telephone service *Phone:* (732) 240-6100 or (609) 693-5834

Parent to Parent Hotline

http://www.parent2parentnj.org 856-983-3328

State of New Jersey
Department of Human Services
Division of Addiction Services
Dial 211 or 1-800-238-2333

Ocean County School Assistance Counselors (SAC), Assisting families and students with alcohol and drug issues

Lacey Twp: 609-971-2020 All Others:

http://www.ochd.org/SiteData/docs/OCStudentA/098ddfa1b8b46ee2/OC%20Student% 20Assistance%20Counselors.pdf

# SELF HELP GROUPS

**Narcotics Anonymous** 

http://www.nanj.org/meetings Meetings & Info 732-933-0462 Helpline 800-992-0401

**Alcoholics Anonymous** 

http://www.alcoholics-anonymous.org Helpline 800-245-1377

Nar Anon

http://www.naranonofnj.org/ Support for those feeling the impact of drug addiction from a loved one. Helpline 877-424-4491 or 800-238-2333

**New Jersey Al Anon** 

http://www.nj-al-anon.org Support for those feeling the impact of an alcohol addiction from a loved one. Helpline 800-344-2666

# SUBSTANCE ABUSE SERVICES

Preferred Behavioral Health

http://www.preferredbehavioral.org Lakewood 732-367-4700 ext. 7154; Brick 732-458-1700 ext. 1114; Barnegat 609-660-0197

Alcoholism and Drug Abuse Council of Ocean, Inc. (ADACO) 732-367-5515

# **METHADONE SERVICES**

**Ocean Medical Services** 

Toms River, NJ 08753 732-288-9322

Jersey Shore Addiction Services Asbury Park, NJ 732-988-8877

# SUBOXONE & SUBUTEX

Opiate replacement drugs. An alternative to methadone.

http://www.choosehelp.com/topics/suboxone-and-methadone/what-is-suboxone

http://www.buprenorphinedoctors.com/suboxone-doctors/New-Jersey-NJ.cfm

# **HALFWAY HOUSES**

Discovery Institute for Addictive Disorders

Marlboro, NJ 800-714-2175 www.discoverynj.org

Hansen House (Men & Women)

Egg Harbor City, NJ 609-965-3699 www.hansenhouse.org

Hendricks House (Men)

Vineland, NJ 856-794-2443

New Hope Foundation, Inc. Epiphany House (Women) Asbury Park, NJ

732-775-0720

Mattie House (Men)

Marlboro, NJ: 732-817-0616

Milestone House

Dover, NJ 973-442-4600 www.themilestonehouse.com

**Oxford House** 

Throughout NJ (and other states) www.njoxfordhouse.org

Philip House (Men)

Long Branch, NJ 732-870-8500 www.newhopefoundation.org

# PREVENTION EDUCATION (LOCAL)

**Barnabas Health Institute for Prevention** 732-914-3815

Ocean County Health Department 732-341-9700 x7277

**Prevention First** 

Barnegat, NJ - 732-908-7357 Ocean, NJ - 732-663-1800

# EDUCATION & RESOURCES - ON LINE

The Partnership at Drug Free Resources

Prevent <a href="http://www.drugfree.org/prevent">http://www.drugfree.org/prevent</a> Ways to talk to your children, how to set limits, ways to stay involved

Evaluate <a href="http://timetoact.drugfree.org/">http://timetoact.drugfree.org/</a></a>
How to tell if your teen is using.

Intervene

http://www.drugfree.org/intervene Getting outside help, how to react, monitoring properly

**Get Treatment** 

http://www.drugfree.org/get-treatment Screening & assessment,

Recovery

http://www.drugfree.org/recover How to adjust to your new beginning, Things to know about relapse.

National Institute on Drug Abuse

http://www.drugabuse.gov Extensive information on drugs and their effects, what to look for, trends and more.

**Hope Sheds Light** 

http://www.hopeshedslight.org/about/know-the-signs

20 Minute Guide

http://the20minuteguide.com Includes Information on: Taking care of yourself Communicating Helping your Loved one A Practice Area

Foundation for a drug free world

http://www.drugfreeworld.org/ Endless supply of information, free booklets, drug facts, Take Action, News

THE FIX

"Addiction & Recovery, straight up" http://www.thefix.com
Rehab reviews, Forums, Hot Topics

HOPE SHEDS LIGHT

http://www.hopeshedslight.org
Dedicated to helping families by creating
awareness & providing resources

#### **BLOGS**

An Addict In Our Sons Bedroom

The content changes consistently but is always a good quick read. http://parentsofanaddict.blogspot.com/

**Parent Pathway** 

Three Parents Journey through their child's addiction.

http://parentpathway.com/blog/

The Addicts Mom

Sharing Without Shame http://addictsmom.com/

# SUBSTANCE ABUSE RESOURCE DIRECTORY

#### **DETOXIFICATION CENTERS**

Lighthouse at Mays Landing (Adults/Adolescents 15+)

Mays Landing, NJ 888-955-8226 www.lhrecovery.com

Maryville, Inc. (Adults) Williamstown, NJ

856-629-0244 Ext. 310 www.maryvillenj.org

New Hope Foundation, Inc. (Adults/Adolescents)

Marlboro, NJ 800-705-HOPE

Seabrook House

Locations in New Jersey and Pennsylvania 800-761-7575

www.seabrookhouse.org

**Sunrise Detox** 

Toms River, NJ 08755 732-797-2505 www.sunrisedetoxtomsriver.com

Sunrise House Foundation, Inc.

Lafayette, NJ 973-383-6300 www.sunrisehouse.com

Turning Point, Inc. (Adults)

Paterson, NJ 800-969-7476

http://www.turningpointnj.org

# INPATIENT SERVICES

America's Keswick, Keswick Colony Division (Christian/biblical)

Whiting, NJ 732-350-1187

www.americaskeswick.org

Carrier Clinic Access Center (Adults/Adolescents)

Belle Mead, NJ 800-933-3579 www.carrierclinic.org

Daytop Village of New Jersey, Inc. (Adolescents)

Evelyn Sullivan (856-358-4111 x2007) Mendham, NJ 1-800-2DAYTOP or 1-800-232-9867

www.daytopnj.com

**Endeavor House** Kearny, NJ 800.570.2626 www.endeavorhouse.com

Jersey Shore Addiction Services

Neptune, NJ www.jsashc.org 732-988-8877

Lighthouse at Mays Landing (Adults/Adolescents 15+)

Mays Landing, NJ 888-955-8226 www.lhrecovery.com **Princeton House** 

(Adolescent) www.princetonhouse.com 800-242-2550

New Hope Foundation, Inc.

(Adults/Adolescents) Marlboro, NJ 800-705-HOPE www.newhopefoundation.org

Maryville, Inc.

(Adults) Williamstown, NJ 856-629-0244 Ext. 311/312 www.maryvillenj.org

Seabrook House

800-761-7575

www.seabrookhouse.org

Sunrise House Foundation, Inc.

(Ages 17+) Lafayette, NJ 973-383-6300 www.sunrisehouse.com

**Touchstone Hall** 

(Adolescent males) Rockleigh, NJ 201-784-6490 www.vantagenj.org

Turning Point, Inc. (Adults)

Paterson, NJ 800-969-7476 www.turningpointnj.org

# **OUTPATIENT SERVICES**

**ADACO Counseling Center** 

West Creek, NJ 609-597-9601

**AGAPE Counseling Services** 

Lanoka Harbor, NJ 609-242-0086

Catholic Charities Diocese of Trenton

Neptune, NJ 732-897-7701 www.catholiccharitiestrenton.org

Discovery Institute for Addictive Disorders

Marlboro, NJ 07746 732-946-9444 www.discoverynj.org

GenPsych Mental Health

Brick, NJ 08723 1-855-GenPsych www.GenPsych.com

**Healy Counseling Associates** 

Toms River, NJ 732-797-0400

**High Focus Centers** (Adults and Adolescents)

Freehold, NJ 07728 732.303.9900 1.800.877.FOCUS

Lighthouse at Manahawkin

Manahawkin, NJ: 888-743-5748 Mays Landing, NJ (adults): 800-852-8851 Ventnor, NJ: 877-449-1555

www.lhrecovery.com

**Mattie House** 

Marlboro, NJ 07746 732-817-0616

www.newhopefoundation.org

Ocean Mental Health Services, Inc.

Bayville, NJ: 732-349-5550 Manahawkin, NJ: 609-597-5325

www.oceanmhs.org

Preferred Behavioral Health

Lakewood, NJ: 732-367-4700 Barnegat, NJ: 609-660-0197 www.preferredbehavioral.org

Riptide Intensive Outpatient Program (13-18 years old)

Lakewood, NJ 732.367.1710

Saint Barnabas Behavioral Health Center

Toms River, NJ 800-300-0628

www.barnabashealth.org/Specialty-Services/Behavioral-Health.aspx

Seashore Family Services of NJ

Toms River & Brick, NJ 732-244-1600

St. Francis Counseling Services

Brant Beach, NJ: 609-494-1554 www.seashorefamilyservices.org

CO-OCCURRING DISORDERS (MENTAL ILLNESS & SUBSTANCE ABUSE)

Carrier Clinic

Belle Mead, NJ 800-933-3579 www.carrierclinic.org

Ocean Mental Health Services, Inc.

Bayville, NJ: 732-349-5550 www.oceanmhs.org

Preferred Behavioral Health

Lakewood, NJ: 732-367-4700 www.preferredbehavioral.org

Saint Barnabas Behavioral Health Center

Toms River, NJ 800-300-0628

www.barnabashealth.org/Specialty-Services/Behavioral-Health.aspx

The New Future Dreams

Lakewood, NJ 732-886-7128

The Center at Advanced Behavioral Care Services

Brick, NJ

732-451-9210